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Project overview









What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

You will be working in an environment that has great need, but little support, and this will be a challenging but rewarding placement for you. To work in Ghana as a physiotherapy volunteer intern, you must either be qualified or at least in your second year of a university degree. The schedule, below, allows plenty of time for you to prepare for the day ahead, but also to relax and enjoy all that Ghana has to offer.

Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day to familiarise yourself with the surroundings, as well as local culture. Your program will continue as usual from Tuesday onward throughout the rest of the week.

Orientation Day Schedule

- Introduction meeting, House rules, Setting Expectations,
- Health and Safety Advice and handling of documents.
- Ghanian Do's and Don'ts, Ghanian Culture Lessons and
- Language Lessons. Tour around the local area
- Drive into Accra to visit the museum and craft market,
- Independence Square and Oxford street.
- Visit local shops and amenities.

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- Lunch
- Meet some of our academy athletes at our training centre, help with our after school programme or visit the community children we support with our programs.

Weekly Schedule

Monday

- Breakfast
- Introduction
- Lunch
- Introduction
- Dinner

Tuesday to Friday

- Breakfast
- Physiotherapy
- Lunch
- Teaching at the school
- Physiotherapy
- Dinner

Please note:

Cost of transport to locations is not included, but will usually be around £1.50 per day.

This schedule can be changed depending on weather conditions and unforeseen circumstances.

Evenings and Weekends

After your day of helping in the community is over, you can choose to explore the area or head further afield on the weekends. For example, many of our volunteers enjoy mixing with their new volunteer friends through the week, and planning their weekend adventures together!

Places to Visit

There's so much to see in Ghana - here are some of the destinations that we think you'll love!



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- Cape Coast
- Lake Volta
- Elmina Castle
- Manhyia Palace
- National Museum of Ghana
- Kwame Nkrumah National Park
- Accra Mall
- Bojo Beach
- Aburi Botanical Gardens

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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	
Do you have any health pr	roblems or allergies we	should know about?	

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)