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Project overview











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What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

On our Women Empowerment Volunteer project here in Kathmandu, you will teach basic conversational English, basic computer skills and other subjects of your interest to women of different age groups and backgrounds.

The school was set up to educate young and older women who cannot read or write. Therefore, you'll also assist with life skill activities, and inspire them to reach their full potential through your own passion and creative skills!

Over the course of the week, you will deliver four to five lessons, daily, including creative activities such as sports or games. In fact, anything which you feel will help these women to build their confidence will be gratefully received by both staff and students!

You will arrive on Sunday and have plenty of time to relax and be refreshed ahead of your exciting week as a Women Empowerment Volunteer in Kathmandu!



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Schedule

- Breakfast
- Women Empowerment Volunteering 2-3 hours
- Lunch
- Women Empowerment Volunteering 2-3 hours
- Dinner

Please note: This schedule can be changed depending on weather conditions and unforeseen circumstances.

Evenings and Weekends

At the end of your day as a volunteer, you can choose to explore the area or simply relax with new friends back at your accommodation. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures together!

Places to Visit

Shopping in Kathmandu is an experience in itself! Thamel is a tourist hotspot, where shoppers can find Nepalese, Tibetan and Indian artefacts, wood carvings, handicraft and unique clothing. And if dining out is your thing, you can have a dish from a different country every night, with a range of restaurants serving local and international dishes!

You will be staying in a beautiful part of Kathmandu Valley, a small, mountain-sheltered valley that is the historical centre of Nepal. Excitingly, you can even catch a glimpse of the snow-capped peaks of the majestic Himalayas – a must-see while you are here in Nepal!

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APPLICATION FORM

	Booking ref:	
	Passport number	
Male Female	Date of birth	
	Phone number	
	Home address	
	Contact number (In case of an emergency)	
	Male Female	Passport number Male Female Date of birth Phone number Home address Contact number (In case

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)