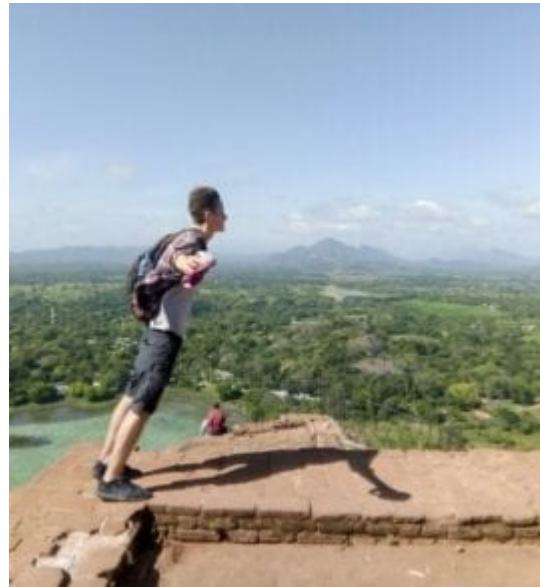




# Trekking Tour in Kandy Sri Lanka

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## Project overview



### What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

### What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa



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## Project itinerary

### Trekking Tour in Kandy Sri Lanka - Itinerary

#### Monday

Today we'll hike to the Ambuluwawa Peak and witness the beauty of the green valleys around. Further, on the top of the Ambuluwawa hill, you can climb the white giant tower to make you feel you are floating in the sky! Thereafter, you will transfer to Ulapane for your next adventure at a Camping site near the river Mahaweli. Enjoy a Bonfire after your dinner and spend the night in a camping tent.

#### Tuesday

Today is full of exciting activities for adventure lovers! Your day will start with a physical training work out and a morning trek through a tea plantation. Then – get ready for water sports, kayaking, calm water rafting, cliff jumping, and swimming in the river! That's not all though – there are extra activities like abseiling, repelling, and wall climbing which you can book of your own accord, before staying overnight at the camp.

#### Wednesday

After breakfast, you will embark on an exciting waterfall hunt, after taking a short train ride along one of the most scenic railway routes in the country. We will trek until we find the beautiful Galabada falls. Finally, after your trek, you will transfer back to Kandy by train where you can relax back at our accommodation and share your stories with your new-found friends.

#### Thursday

Today is another day of a little adventure as we hike to Riverstone mountain. You will find a hidden waterfall and a freshwater pool where you can take a swim. Further, you will also visit the cliff called the mini world's end. Not for the faint-hearted! After the hike, you will then proceed to Dambulla for an overnight stay.



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## Friday

Today is another exciting day, as you hike to Pidurangala to see the mesmerizing picture-perfect sunrise. After that, you will climb the Lion's Rock where you will be able to see the ruins of an ancient palace. Lion's Rock is a rock castle dating back to the 5th century BC and it is also considered the eighth wonder of the world. After the climb, return to the accommodation in Kandy by Bus.

## Saturday

Departure day. If you're staying on to volunteer the weekend is yours to relax or explore more with other volunteers.



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)