



# Introduction Week in Ubud Bali

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## Project overview



### What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

### What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa



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## Project itinerary

Below is our itinerary for your exciting Introduction Week in Ubud Bali!

### Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day, to familiarise yourself with the surroundings as well as local culture. Thereafter, your programme will continue as usual from Tuesday onward throughout the rest of the week.

### Orientation Schedule - Monday

- Welcome, introduction to Indonesia, House rules, Code of
- Conduct and handling of documents
- Culture Lesson
- Lunch
- Project meeting and Preparation

### Introduction Week, Bali - Schedule

#### Tuesday

- 8.00 Breakfast
- 9:30 Balinese Language Class
- 12:00 Lunch
- 14:00 Village Walking tour (Visit rice terrace, art village and beauty hills by walking)
- 17:30 Dinner

#### Wednesday

- 8:00 Breakfast
- 9:30 Balinese Language Class
- 12:00 Lunch
- 13.00 Batik painting class
- 17:30 Dinner



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## Thursday

- 8:00 Breakfast
- 09:30 Cooking class
- 12:00 Lunch
- 14:00 Balinese flower offering Class
- 18:30 Welcome and Goodbye dinner

## Friday

- 8:00 Breakfast
- 9:00 Spiritual Tour: visit the famous temple PuraTirtaEmpul, the holy water temple. Enjoy a shower in the Holy Water
- Late Lunch at the house/snacks or drinks in the temple)
- 13.00 Lunch
- 15.00 Project meeting
- 17:30 Dinner

**Please note:** This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

## Places to Visit

Since the weekends are free, you are able to go wherever you would like to go. Here are some of our top must-see destinations!

### The Gili Islands

Here, you'll find small resorts and huts for tourists looking to get away from the bustle of Ubud. In fact, the islands are a popular destination for snorkelling and diving due to its abundant marine life.

### Nusa Lembongan

This is an island paradise with the clearest waters that you will ever see! Surfing, diving and snorkeling and amongst the most popular activities that visitors can enjoy.



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## **Lovina**

Lovina is located between the Bedugul mountains and the sea, and is popular for dolphin watching, trekking, hot springs and its gorgeous coral reefs.

## **Sanur**

This is a stunning stretch of beach in Southeast Bali that contains villa resorts and Zen Villas. Historically, it was used as the landing site for the Dutch invasion troops during the Dutch invasion in 1906 as well as being the entry point into Bali for the Japanese during WWII.

## **Kuta**

Kuta is a beach known of its surfing opportunities and party atmosphere, and is a popular destination for our volunteers over the course of their stay!

## **Uluwatu**

This extraordinary temple was built at the edge of a 70-metre high cliff at the edge of the sea and is inhabited by monkeys.



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### APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)