



# Village Healthcare Volunteer in Palawan Philippines

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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Page 1/5



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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## Project itinerary

You will arrive on Sunday, and have plenty of time to relax and settle into your accommodation, ahead of your exciting week as a Village Healthcare Volunteer!

## Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day, to get accustomed to your surroundings as well as local culture. Thereafter, your Philippines Kindergarten Volunteer Programme will continue as usual from Tuesday onward throughout the rest of the week.

## Orientation Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Philippino Do's and Don'ts, Philippino Culture Lessons and Philippino Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- Lunch
- Workshop: Weaving Coconut leaves or broom making
- Philippine Cooking Classes



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## Daily Schedule

After enjoying a delicious breakfast with fresh fruits, you'll head to your placement. This could be a hospital, local health centre or a local school. Thereafter, you will carry out your allocated duties, which could involve any of the following:

Activities that you could join depending on the need during your stay:

- Working in hospital/healthcare centre or in school
- Shadowing, observing and assisting at village healthcare clinic.
- Shadowing, observing and assisting in a local hospital
- Feeding malnourished children
- Providing health care lessons in local schools
- Medical knowledge exchange with local doctors
- Visiting the elderly and sick in local villages.

A lunch break will be taken on-site around midday and in the evening, you'll return to the centre for dinner and have time to unwind.

## Tuesday to Friday

- Breakfast
- Village Healthcare Volunteer project 2-3 hours
- Lunch
- Village Healthcare Volunteer project 2 hours
- Dinner
- Free Time

## Evenings and Weekends

After a day of volunteering, you can choose to explore the area or head further afield on the weekends. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures as they go!

**Please note:** This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.



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**Please be advised that even though a digital copy will be submitted, all volunteers should also bring a hard copy of their CV/Resume and Criminal Background Check with them, to be presented to their placement coordinator on arrival.**

## Transportation

From this location we provide free transport to your next program at the following location(s):

- El Nido (Palawan)

## Places to Visit

### Coron Bay

Fancy a dive? Found at the northwest of Palawan (between Busuanga and Culion islands) Coron Bay is known for being one of the best wreck diving locations in the world.

### Puerto Princesa Subterranean River National Park

Located 50 km north of the city of Puerto Princesa and has recently been voted one of the new 7 natural wonders of the world. Don't miss this beautiful park - public transport is available to take you there, and the journey itself is worth the visit!



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)