



Community Construction Volunteer in Laos

https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_banner.png

Project overview



What's included:

- 24/7 support in case of emergencies

Visit: <https://www.truexperiencetravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

Email: travel@truexperiencetravel.co.uk

4 Wyndham Avenue, High Wycombe, Buckinghamshire, UK HP13 5EP

Page 1/4



Community Construction Volunteer in Laos

https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_banner.png

- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

You will arrive on the Sunday and have plenty of time to unpack and settle into your new surroundings. And if you are travelling here on your own, don't worry! You will have plenty of other volunteers around to chat to, and your coordinator will support you throughout your stay.

Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day, to familiarise yourself with the surroundings as well as local culture. Your programme will continue as usual from Tuesday onward throughout the rest of the week.

Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Lao Do's and Don'ts, Lao Culture Lessons and Lao Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- Lunch
- Vegetable planting.



Community Construction Volunteer in Laos

https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_banner.png

Daily Schedule

Tuesday to Friday

Your Community Construction Volunteer tasks in Laos will depend upon what's needed at the time. However, the basic structure of each day will be the same. Firstly, you will begin with a breakfast at the accommodation centre before setting off to the project site. Once at the site you will carry out the necessary tasks which could include painting, gardening, building, renovating or anything else which is required at local temples, hospitals, housing or other facilities. Thereafter, you will enjoy a lunch and some rest before continuing with your tasks in the afternoon. Finally, the day ends with dinner and time for you to relax in the evening.

Evenings and Weekends

At the end of your day as a volunteer, you can choose to explore the area or simply relax with new friends back at your accommodation. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures together!

Please note: This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Places to Visit

Vientiane City

A laid-back, French-influenced city situated on the banks of the Mekong River and is located only 25 minutes away from our centre. This ancient city is different from any other capital city in Southeast Asia. With its authentic Laotian and French colonial style, it truly is a 'pearl at the Mekong'.

Vang Vieng

A favourite go-to place for our participants during their weekends! The city is a major backpacker hub, made famous thanks to its nightlife and outdoor activities such as biking, hiking and kayaking.

Luang Prabang

Although a bit further afield it is still worth the journey for sure. It is one of the most beautiful towns in Southeast Asia thanks to its alluring mountainous landscapes and riverside location!



Community Construction Volunteer in Laos

https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_banner.png

APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)