



Adventure Trekking in Nepal

https://www.trueexperientctravel.co.uk/wp-content/themes/tru-experience-travel/images/header_banner.png

Project overview



What's included:

- 24/7 support in case of emergencies

Visit: <https://www.trueexperientctravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

You will arrive on the Sunday, and have plenty of time to relax and refresh yourself before your exciting week begins!

Schedule

Monday

- Hike through the mountain in Shivapuri.
- Overnight stay at the centre in Kathmandu

Tuesday

- Drive to Charaudi early in the morning (3 hours)
- White-water rafting at Trisuli river
- Overnight camping and traditional dancing!

Wednesday

- Continue rafting
- Drive to Chitwan
- Jungle trek and safari!



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- Overnight stay at a resort

Thursday

- Canoeing and jungle trekking
- Overnight stay at a resort

Friday

- Morning jungle activities
- Drive back to Kathmandu
- Overnight stay at the centre

Places to Visit

We think you'll see all the best bits about this part of Nepal on your trip, but if you still have some adventure left in you, you might want to level up and add on one of our [other Nepal experiences!](#)



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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)